

Before My Due Date Check List:	Yes	No	Comments
1. Get an OB doctor or Nurse Midwife			
2. Select a Pediatrician for baby			
3. Check health plan to get baby health coverage? 30 days			
4. Plans for pain management			
5. Where will I give birth?			
6. Who will drive me to hospital?			
7. What level of Nicu care do they have?			
8. Do I have risk factors?			
9. Take childbirth prep classes?			
10. Take baby care, sibling, breastfeeding classes			
11. What is my GBS status?			
12. Get copy of my prenatal labs and record			
13. Breast or bottle-feed?			
14. Who to call for breastfeeding support?			
15. Will I have him circumcised? Where, when, costs?			
16. Do I have and know how to use car seat?			
17. Do I need help quitting smoking or other habits?			
18. Who will be my labor support?			
19. Do I have a suitcase packed with toiletries?			
20. What are the hospital security procedures?			
21. Did I tour hospitals where my doc is on staff?			
22. Who can I call for help when we come home from the hospital?			
23. When do I go to the hospital or do I call my MD 1 st ?			
24. Discuss hurricane plan with MD so I know what to do.			