


Before My Due Date Checklist

#	Action Item	
1	Select OB doctor or Nurse Midwife on your plan	
2	Select a Pediatrician for baby prior to your due date	
3	Check your health plan for newborn coverage	
4	What are your plans for pain management during labor?	
5	Select the hospital where you will give birth	
6	Who will drive you to hospital?	
7	What level of NICU (Neonatal Intensive Care) does the hospital have?	
8	Do I have risk factors?	
9	Take Childbirth preparation classes	
10	Take Baby care, Infant CPR, Sibling, Breastfeeding classes	
11	What is my GBS (Group B Strep) status?	
12	Obtain a copy of my prenatal labs and record	
13	Am I planning to Breast or bottle-feed?	
14	What Breastfeeding support is available in my area?	
15	Will I have him circumcised? Where, when, costs?	
16	Do I have a car seat and know how to use it	
17	Discuss options with Provider for quitting smoking or other habits?	
18	Who will be my labor support person?	
19	Have a suitcase packed with toiletries.	
20	What are the hospital security procedures?	
21	Tour hospitals where my Dr./Midwife delivers.	
22	Who can I call for help when we come home from the hospital?	
23	Do I go directly to the hospital or call MD first if I think I'm in labor?	
24	Discuss hurricane plan with MD so I know what to do.	